Club 55 Senior Center

By Carol Burrows Club 55 Senior Center Correspondent

I have said before how surprised that I am when I hear people say that they don't know that Lake Mills has a senior center or where it is. If that is a family with young children and busy lives I might understand as a gathering spot for older adults is not a top priority. However, when I hear it from long time community members, I wonder how they missed knowing about it. We have had a senior center for 5 years and for the last 2+ years have been in the Rock Lake Activity Center (RLAC) 229 Fremont Street, which was established longer ago.

This building not only houses the senior center but has activities planned for all age groups and interests. Last week we hosted the Jefferson County Solid Waste presentation about recycling along with a Drug Take Back Day with LMPD Officer Jessica Johnson. We learned about the many changes in recycling and how to correctly dispose of items to best coordinate with todays updated technology. This week we are sorting and pricing items for the city-wide rummage sale being held in the RLAC gym on May 6th and 7th which is a fundraiser for Club 55.

On Saturday, April 30, the Main Street Big Band will be playing for the Big Band Swing Dance offering dance lessons at 6:15. Look for more information at www.rocklakeac.org. This is a fundraiser for RLAC and proves to be lots of fun with great music. You will recognize many of these band members as they are Lake Mills residents. Come early for the dance lessons, come to dance the night away, or come to just soothe the soul by listening to great music. Tickets are \$15 in advance or \$20 at the door. You can come to RLAC to buy tickets or purchase online. You don't want to miss this long-awaited performance!

We will have a presentation by Dr. Tonya Olson, LMASD Administrator on Thursday, May 5th at 12:00 to review the space needs of our schools. You will hear facilities information as well as be able to ask questions. Join us at Club 55 to hear the real scoop on this important community update.

Kelly Foster, Speech-Language Pathologist from Fort HealthCare, will be at Club 55 on Thursday, May 12 with a presentation about the Parkinson Voice Project.

Please invite anyone you know that may be dealing with Parkinson's to hear what information she has to share.

This week on Wednesday, April 27 we will have bingo in the RLAC gym from 1-2:30. This is a free game and guarantees a fun afternoon with prizes and time to socialize.

We are asking that anyone interested in playing euchre to please call 920-728-2176 and ask that your contact information be saved to the euchre call list so we can make sure that we have enough players for a game. Our monthly calendar lists euchre as being played at 12:30 on Thursdays and I feel so badly when folks come but we don't have enough players for a game.

The Bia menu for Wednesday, May 4, is Tuna Casserole, peas, side salad, dessert. You must have your order in by Friday April 29 for next week's meal. Meals are delivered to Club 55 on Wednesday at 2:30 ready to be reheated and are \$12.

Mark your calendars for Tuesday, May 17 at 1:00 so you don't miss hearing the LMASD Show Choir directed by Linda Heimstreet performing at 1:00. This is another free activity provided to our community. Come enjoy the amazing talent we have in our community.

For our monthly Club 55 calendar postings with all of the listings go to https://www.lakemills.k12.us/recreation/calendar-of-events-club55.cfm so you never miss one of the great events.

Thanks to all of you that have brought your items for the rummage sale to Club 55. Think of us while you are cleaning out your closets and know how grateful we are that our annual fundraiser will again be successful. It might help motivate you to also come in and help sort and price and help get ready. Join us at noon on Mondays to help. Don't like sorting and pricing? We need help setting up for the sale on Thursday at 5 pm, May 5th working the days of the sale (May 6 & 7) from 8-5 and cleaning up after the sale starting at 5pm. We like to think that we have a task that will fit everyone! Call to offer your help at 920-728-2176 or just come to the senior center on Monday afternoons.

Our next Foot Care is Wednesday, May 11. Deb, of Joyful Toes, is an RN that provides this wonderful service at many of the Jefferson County Senior Centers as well as Trinity Pines. Appointments are available by calling 920-728-2176. Bring your own towel, \$15. Deb is here in the morning and has appointments from 9:10-11:20 am.

Although we have had some crazy mixed-up weather, The Lake Mills Farmers & Artisan Market starts next week Wednesday, May 4, from 2-6 PM in Commons Park so it really is officially Spring!

The city of Lake Mills is updating its city-wide Comprehensive Plan to guide the city in its planning and development for the years to come. Please take the survey if you live in the city of Lake Mills to provide information about the strengths, weaknesses, opportunities, and challenges are and what is most important to you. The survey is available online at https://www.surveymonkey.com/r/LakeMillsComp. There are paper copies of the survey at city hall.